

Programmes conducted in 2015 for Prevention and Control of Oral Cancers

1. Social marketing campaign for prevention for prevention and control of oral cancer

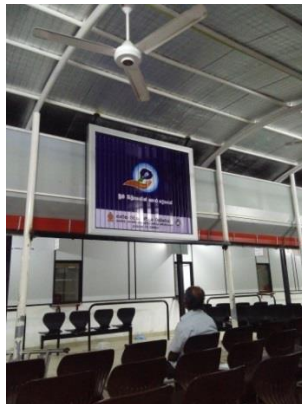
To increase the public awareness on oral cancer, previously developed Radio jingles were broadcast over 5 radio channel over period of 1 month (from mid- November to Mid-December)

- The radio channels include:
 - Ran FM (EAP Broadcasting)
 - SLBC
 - Lakhanda
 - FM Derana (Power House Ltd)
 - Vasantham FM

2. Displaying health messages on prevention and control of oral cancer

Considering the importance of primary prevention of oral cancer in the community, National Cancer Control Programme has planned to install 4 tri-vision billboards within premises of government hospitals to increase the public awareness on prevention of oral cancer. Three messages will be displayed in one tri-vision billboard and these messages were developed by the NCCP. Tender was awarded to an advertising company. The tri-vision billboards are installed in the following hospitals.

- National Hospital, Colombo
- Provincial General Hospital Kurunegala
- Base Hospital Balapitiya
- District General Hospital Chilaw



OPD Waiting Hall, National Hospital Colombo

3. Reprinting OPMD registers

Seven hundreds of OPMD registers were reprinted to enhance the information system on OPMD and these registers are to be distributed among Dental Clinics throughout the country. Even though there was a budget allocation for the reprinting of OPMD Guidelines, it could not be finished in time.

4. Reprinting OPMD Guideline

OPMD Guideline was updated and tender was awarded to reprint the guideline to the Government Press. NCCP is expecting to have the printed guideline ready by the 1st quarter of 2016.

5. Printing of Oral Cancer folding charts

25,000 Sinhala and 5000 Tamil folding charts which display Oral Cancer messages were printed and used to sensitize public during various activities.

6. Training programme for school teachers

Six training programmes for school teachers on prevention and early detection cancers were carried out.

Initially it was planned to conduct 5 programmes, But the National Institute of Education (NIE) Maharagama requested an additional programme. This additional programme could be done within the approved budget. Required approval for additional programme was obtained from the Health ministry.

- First programme was conducted at Saariputha Teacher Training School, Nittambuwa and around 100 training teachers of Buddhist monks participated.
- All other training programmes were conducted at National Institute of Education for Health and Physical Education teachers from 6 provinces.

- Programme 01 on 18/03/2015 at Nittambuwa
- Programme 02 on 08/04/2015 at NIE for teachers from Western Province
- Programme 03 on 22/04/2015 at NIE for teachers from Central Province
- Programme 04 on 18/05/2015 at NIE for teachers from Sabaragamuwa Province
- Programme 05 on 04/06/2015 at NIE for teachers from Uva Province
- Programme 06 on 09/06/2015 at NIE for teachers from North and Eastern Provinces

7. Advocacy programmes for religious leaders

In view of ceasing the betel chewing habit among Buddhist monks and to propagate cancer control messages to society, six advocacy programmes were carried out among the religious leaders.

- Programme 01 on 25/05/2015 at Palamadulla for Buddhist monks
- Programme 02 on 01/06/2015 at Batticaloa Islamic religious leaders
- Programme 03 on 24/07/2015 at Gampaha for Buddhist monks
- Programme 04 on 05/09/2015 at Chilaw Catholic religious leaders
- Programme 05 on 30/07/2015 at Kaluthara for Buddhist monks
- Programme 06 on 30/12/2015 at Bambalapitiya for Hindu religious leaders



8. Evaluation programme for estate health staff emphasizing prevention and control of oral cancers

With the collaboration of Plantation Human Development Trust, seven evaluation programmes were carried out in seven plantation divisions for estate health staff working the estates. These estate health staff included Estate Medical Officers, Estate Welfare Officers, Registered Medical Officers and Public Health Midwives.

Plantation divisions the programmes carried out:

- Programme 01 on 19/05/2015 at Kuruwita
- Programme 02 on 22/10/2015 at Galle
- Programme 03 on 17/11/2015 at Hatton
- Programme 04 on 27/11/2015 at Kandy
- Programme 06 on 09/12/2015 at Kegalle
- Programme 07 on 17/12/2015 at Nuwara Eliya
- Programme 05 on 18/12/2015 at Badulla



9. Conduct oral cancer screening clinics at village /estate level

Sixteen screening clinics were conducted throughout the country to screen for oral cancers and OPMD and the Regional Dental Surgeons of the district coordinated the programme.

These clinics were conducted in following areas:

- **Rathnapura: (3 programmes)**
 - ❖ On 21/05/2015 at Kahawaththa
 - ❖ On 30/10/2015 at Rathnapura
 - ❖ On 31/10/2015 at Rathnapura
- **Polonnaruwa district: (3 programmes)**
 - ❖ On 26/7/2015 at Thamankaduwa
 - ❖ On 20/10/2015 at Meegaswewa, Polonnaruwa
 - ❖ On 21/09/2015 at Higurakgoda
- **Colombo district: (4 programmes)**
 - ❖ On 26/07/2015 at Moratuwa
 - ❖ On 30/09/2015 at Army Hospital
 - ❖ On 02/10/2015 at Army Hospital
 - ❖ On 27/12/2015 at Padukka
- **Badulla: (2 programmes)**
 - ❖ On 21/11/2015 at Namunukula
 - ❖ On 14/12/2015 at Dambana
 - ❖ On 17/10/2015 at Matale

➤ **Nuwaraeliya district : (1 programme)**

- ❖ On 05/06/2015 at Maskeliya
- ❖ On 03/10/2015 at Magasthota

➤ **Kalutara district: (1 programme)**

- ❖ On 28/05/2015 at Kalutara



Screening programmes in Badulla district

10. Evaluation of cancer control activities in the region

Three programmes were conducted for Dental Surgeons and Nursing officers attached to institutions managing oral cancer and OPMD to evaluate the activities carried out by them in managing these patients.

These programmes were conducted in:

- Institute of Oral Health, Maharagama on 24/02/2015
- PDHS Office, Colombo for Dental Surgeons working in Colombo district on 22/05/2015
- Dental Institute, Colombo on 29/07/2015



Dental Institute, Colombo

11. Distribution of posters and leaflets throughout the country

NCCP has developed posters and leaflets on oral cancer and these were distributed throughout the country.



12. Awareness programmes for staff working at Healthy Lifestyle Centers (HLC) to strengthen early detection of oral cancer

There are over 550 Healthy Lifestyle Centers (HLC) throughout the country promoting healthy lifestyles and screening for Non-communicable diseases (NCDs) of people between the ages 35-65 years who are undiagnosed for NCDs. Clinic sessions are conducted at least once a week. It was decided to carry out awareness programmes on prevention and control of oral cancers for the staff (Medical Officers and Nursing Officers) working in HLCs, which would be helpful for them to identify high risk individuals. Staff attached to HLCs throughout the district was invited for this programme. Five such awareness programmes were conducted in 2015 in Kurunegala, Kalutara, Rathnapura, Gampaha and Kegalle districts. Other districts are expected to be covered in the future.

- Programme 01 on 22/7/2015 in Kalutara district
- Programme 02 on 17/07/2015 in Kurunegala district
- Programme 03 on 01/09/2015 in Rathnapura district
- Programme 04 on 15/09/2015 in Gampaha district
- Programme 05 on 13/11/2015 in Kegalle district



Programme for HLC staff at Rathnapura

13. Capacity building health staff working in hospitals

Four programmes were conducted for the health staff working in 4 main hospitals in the country on prevention and early detection of oral cancers. Medical Officers, Dental Surgeons and Nursing Officers working in those hospitals participated these programmes.

These programmes included:

- District General Hospital - Nuwara Eliya on 29/01/2015
- District General Hospital - Rathnapura on 22/5/2015
- District General Hospital - Kalutara on 12/06/2015
- Teaching Hospital Colombo North (Ragama) - on 26/06/2015

14. Training programme for school health club leaders

In view of primordial prevention, five awareness programmes for school children were carried out. It was initially planned to conduct this programme for school health club leaders from different educational zones. But it was not possible as health clubs were not established in most of the schools.

Schools which programme carried out –

- Programme 01 on 11/05/2015 at Eheliyagoda Dharmapala Vidyalaya
- Programme 02 on 14/10/2015 at Mahanama College Colombo
- Programme 03 on 26/10/2015 at St Mary's College Weyangoda
- Programme 04 on 06/11/2015 at Maliydeva model school Kurunegala
- Programme 05 on 3/12/2015 at Hindu ladies college Wellawatte



15. Conduction awareness programmes for special category of health staff

Awareness programmes were conducted on prevention and control of oral cancer for the following special categories of health staff:

- Public Health Nursing Sisters at NTS Colombo on 07/05/2015 &14/05/2015
- Health Education Officers in Gampaha district at RDHS office, Gampaha on 31/08/2015
- Public Health Nursing Sisters in Gampaha district at RDHS office Gampaha on 18/09/2015
- Public Health Inspectors of Colombo District at PDHS office Colombo on 06/10/2015
- Nursing Officers at Teaching Hospital on 13/10/2015
- Undergraduate Nursing Officers at Open University, Nawala on 14/10/2015
- Medical Officers of Health in Colombo on 15/10/2015
- Nursing Officers at Castle Street Hospital for Women on 30/11/2015